



# Kitimat *Now*

Kitimat  
*Newcomers Guide*

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Find more at [kitimatbound.ca](https://www.kitimatbound.ca)

UPDATED MARCH 2022



# YOU CHOSE *More!*

Life should be lived to its fullest. Time spent waiting is time spent wishing. Wishing for more. More fun, more excitement, more connection, more opportunity. More of the things we love, and less of the obligations that get in the way. Thank you for choosing to live in Kitimat, where you have the opportunity to **choose more.**

## Welcome to Kitimat

Kitimat is a coastal community of about 9,000 people located in the captivating beauty of Northwest BC's stunning and rugged landscape. Our community sits at the head of the Douglas Channel next to the Kitimat River and is surrounded by mountains.

Kitimat is abound with natural opportunities. Beyond being situated in a spectacular natural setting which provides ample opportunity for recreation and enjoyment, we have a growing local economy that provides abundant employment and business opportunities. Since its inception, Kitimat has been a key pillar of the regional and provincial economy. Our robust industrial sector translates to high paying employment and business opportunities.

Our planned community provides comfortable, relaxed living with everything you and your family need from preschool to retirement including a variety of housing options. Abundant green spaces, an extensive walkway system and carefully balanced residential, commercial and industrial areas add to Kitimat's livability. We have modern health care facilities and the average commute to work takes only minutes. Indoor and outdoor recreation facilities and surrounding wilderness provide plenty of opportunity for an active, outdoor, coastal lifestyle.

# History & Culture

Kitimat is derived from Git-a-maat (Kitamaat), a Tsimshian description of the Haisla, which means “People of the Snow.” Prior to colonization, the Kitamaat band of the Douglas and Devastation channels inhabited the unceded territory that Kitimat is now situated on.

## HAISLA NATION

The Haisla, meaning “dwellers downriver,” have a rich culture and history and have occupied lands in Northwest BC for over 9,000 years. Today about half of their 1,700 members live in Kitamaat Village (about 10 km from Kitimat). The modern day Haisla Nation is an amalgamation of two historic bands: the Kitamaat of the Douglas and Devastation channels and the Kitlope of the upper Princess Royal Channel and Gardner Canal.

Living and working on the land and water has always been fundamental to the Haisla way of life. They have lived off the land and water resources on their traditional territory for thousands of years, and are committed to the preservation of those resources for future generations.

The Haisla Nation Council has shown support for respectful, equitable, and sustainable development on their traditional territory. They have welcomed the LNG industry onto their territory by supporting LNG Canada, the proposed Kitimat LNG project, and through the development of their own proposed Cedar LNG project. Throughout the process of LNG speculation and development, the Haisla have remained committed to protecting the environment, preserving the area’s natural assets, and expanding opportunities for their members.

For more information on the Haisla and Kitamaat Village, please visit the official Haisla Nation website: [haisla.ca](https://haisla.ca)

## DISTRICT OF KITIMAT

Kitimat was built in the 1950s on the unceded territory of the Haisla Nation to support construction and operation of a world-class Alcan aluminum smelter. Our community was designed by renowned city planner Clarence Stein to facilitate an environment that would attract and retain workers. Our history is steeped in multiculturalism as the developing community attracted workers from around the world. Kitimat remains a welcoming and diverse place to reside as natural opportunities continue to inspire workers and families from across the globe to make Kitimat their home.

Over the years, other industries, including forestry, pulp and paper, and methanol production have made Kitimat their home. In October 2018, the energy sector arrived when the decision was made by LNG Canada to develop a \$40B LNG export facility in Kitimat. This project is the single largest private sector investment in Canadian history. The investment is a case of history repeating itself, as Alcan’s investment in the Kitimat aluminum smelter was the single largest private investment in Canada’s history at the time.

### ART IS A MAINSTAY OF HAISLA CULTURE

The Haisla Nation has produced a long lineage of talented and creative artists, who work to preserve traditional methods and craft new techniques.









# IMMIGRANT & INTERPROVINCIAL NEWCOMERS SUPPORT

Moving someplace new can be challenging. There are excellent resources and supports available to you as a newcomer to Kitimat, both locally and from the province of British Columbia.

## Provincial Information

The **B.C. Newcomers' Guide** provides comprehensive information from the province to ease your transition. You'll find information on:

- Finding a place to live
- Language services
- Public transportation
- School registration
- Opening a bank account
- How to apply for a BC Services card
- Finding medical services
- Assistance for those that require extra support

The guide is available in various languages: Arabic, Chinese Simplified, Chinese Traditional, French, Korean, Punjabi, Tagalog and English.

Visit [welcomebc.ca](http://welcomebc.ca) for your copy of the guide.

## Kitimat's Welcoming Communities Program

This program facilitates community integration and collaboration by introducing newcomers to available programs, cultural associations, and community opportunities.

1515 Kingfisher Avenue  
Phone: 250-632-3144  
Web: kitimatcdc.ca

## Kitimat Community Services Society

Literacy support (English as a second language) is available as well as learning opportunities, immigration settlement assistance and ESL tutoring to adults 19 years and older.

103A - 370 City Centre  
Phone: 250-632-6581  
Email: kitimatliteracy@telus.net  
Web: kitimatcommunityservices.ca  
Facebook: @communitycorner

To-Do

Settling in Checklist	Interprovincial Newcomer	New Immigrant
Register for Medical Service Plan (MSP) <sup>1</sup>	<input type="radio"/>	<input type="radio"/>
Apply for a BC driver's licence <sup>2</sup>	<input type="radio"/>	<input type="radio"/>
Book your BC driver's licence road test	N/A	<input type="radio"/>
Apply for a Social Insurance Number (SIN) <sup>3</sup>	N/A	<input type="radio"/>
Find housing	<input type="radio"/>	<input type="radio"/>
Register vehicle with Insurance Company British Columbia (ICBC) <sup>4</sup>	<input type="radio"/>	<input type="radio"/>
Purchase insurance (medical, home, vehicle, etc.) <sup>5</sup>	<input type="radio"/>	<input type="radio"/>
Register your children in school	<input type="radio"/>	<input type="radio"/>
Apply for the Child Tax Benefit for children under 18 years old <sup>6</sup>	N/A	<input type="radio"/>
Register at a family doctor	<input type="radio"/>	<input type="radio"/>
Purchase a pet licence	<input type="radio"/>	<input type="radio"/>
Open a bank account	N/A	<input type="radio"/>



## 1. MEDICAL SERVICE PLAN (MSP)

### Eligibility requirements

Public health insurance is called the Medical Services Plan (MSP) and is available to eligible residents. To enroll, you must fall under one of the following categories:

<b>Resident</b>	Lives in British Columbia and is physically present in the province for at least 6 months of the calendar year.
<b>Dependent</b>	Dependents include spouses, children and dependent post-secondary students of eligible residents.
<b>First Nations Resident</b>	Enrollment and administration of MSP is done through the First Nations Health Authority.
<b>Temporary Resident</b>	Individuals who hold a study and/or work permit. Permits must be valid for a minimum of 6 months.

To obtain an MSP application form or to apply online, visit: [gov.bc.ca](http://gov.bc.ca)

## 2. BC DRIVER'S LICENCE

You have 90 days to switch over your licence once you move to B.C. and are able to drive with an existing, valid licence in the interim. For more information, visit [icbc.com](http://icbc.com).

## 3. SOCIAL INSURANCE NUMBER (SIN)

A SIN is required to work in Canada and/or to have access to government programs and benefits. For more information on application requirements, visit [canada.ca](http://canada.ca). You may also apply in person; the nearest location is in Terrace.

### Service Canada Centre

Address: 4630 Lazelle Avenue, Terrace  
 Phone: 1-800-622-6232

## 4. VEHICLE REGISTRATION

Your vehicle must be registered with ICBC in order to obtain a B.C. licence plate and insurance. Register online at [icbc.com](http://icbc.com).

## 5. INSURANCE

Insurance companies are available in Kitimat.

### Westland Insurance

Address: 956 Wakashan Avenue  
 Phone: 250-639-4739  
 Web: [envisionfinancial.ca](http://envisionfinancial.ca)

### Kitimat Insurance Services

Address: 244 City Centre  
 Phone: 250-632-4485  
 Web: [insurebc.ca](http://insurebc.ca)

## 6. CHILD TAX BENEFIT

The Canada Child Benefit (CCB) is administered by the Canada Revenue Agency (CRA). This tax-free monthly payment is available to eligible families to help with the cost of raising children under 18 years of age. For more information, visit [canada.ca](http://canada.ca).

# ECONOMY & EMPLOYMENT

## Join the Boom

With the construction of Canada's first LNG export facility, there are plenty of opportunities for businesses to thrive in Kitimat. It is anticipated that the community will experience a prolonged period of industrial development as numerous large scale industrial projects are lined up to take advantage of natural opportunities.

### **Kitimat is in a period of growth.**

This translates into opportunities:

- Start up a business
- Progress your career
- Find well-paying rewarding employment

Business services are presently in high demand to serve community residents, visitors and industrial workforces alike. This demand is expected to grow in the coming years as the number of people in Kitimat is poised to double during this period of hyperactivity.

As businesses find opportunities in Kitimat, they also need to find employees. All of the economic activity in our community has created a strong demand for employees across sectors.

## EMPLOYMENT

Finding the perfect job can be a journey. There are resources to assist with your job search in Kitimat:

### **BC JOBS**

BC Jobs is the largest job board in Western Canada.

### **CANADA JOB BANK**

Job Bank is Canada's national employment service, available as a website and mobile app.

### **DISTRICT OF KITIMAT**

District of Kitimat website hosts information on major local employers and employment services.

### **KITIMAT VALLEY INSTITUTE (KVI)**

Kitimat Valley Institute provides job placement services as well as efficient training opportunities that meet academic, industry and institutional training needs.

### **SKILLED TRADES EMPLOYMENT PROGRAM (STEP)**

The Skilled Trades Employment Program helps you get job-ready with construction resume writing tips, interview skill building, and advice from those in the skilled trades industry.

### **WORKBC**

WorkBC helps people find jobs, explore career options and improve their skills. It's the most comprehensive database of B.C. job postings



## ENTREPRENEURSHIP

Kitimat is in a period of prolonged growth and there is a high demand for new businesses across sectors to serve the community.

### HOW TO OPEN AND OPERATE YOUR BUSINESS IN KITIMAT

Take advantage of natural opportunities in Kitimat. The District of Kitimat also works confidentially with businesses and investors. For further assistance with your new business start-up, relocation, or site selection for industrial or international trade, visit Kitimat's investment portal at [kitimat.ecdev.org](http://kitimat.ecdev.org) or contact the

Economic Development Department at 250-632-8921 or email [edo@kitimat.ca](mailto:edo@kitimat.ca).

Other resources for starting a business include:

### CHAMBER OF COMMERCE

Promotes and protects business community interests to help make Kitimat a great place to work and live.

Contact 250-632-6294 or e-mail [info@kitimatchamber.ca](mailto:info@kitimatchamber.ca)

### COMMUNITY FUTURES 16/37

Provides information, support, and financial lending for business start-up, expansion or continuance.



# HOUSING

Kitimat offers a range of housing options to meet your family's needs. Whether you are looking to rent your first apartment or purchase your retirement acreage, you can find a place to call your own.

## Housing Taxes & Support

Updated semi-annually, the District of Kitimat has a Housing Fact Sheet which shows trends in new dwelling construction, real estate, and rental housing. Data has been tracked since the 1990's which helps you to see how industrial changes have impacted our housing market.

Visit [kitimat.ca](http://kitimat.ca) under Our Community, Housing for a copy of the Housing Fact Sheet

### PROPERTY TAXES

Property taxes are calculated through a joint provincial/municipal process. BC Assessment determines the value of your property and the

Kitimat Council determines the tax rate for the community. Your property value and tax rate are multiplied to determine taxes owing.

Key information about property taxes in Kitimat:

- Property tax notices are mailed out in May each year.
- Your property tax includes school and Regional District taxes. We collect these taxes on their behalf.
- Residential water and garbage fees are also included in your property tax. Seniors receive a 10% discount.
- Payment must be received by the District of Kitimat by 5:00 p.m. on the property tax due date or a 10% penalty is charged.

Learn more about property taxes in Kitimat on our website [kitimat.ca](http://kitimat.ca) under Municipal Office, Taxes.

## How To Find Housing

We have several real estate agents and community pages and groups to support you in finding your new home:

### REAL ESTATE AGENCIES

- Century 21
- Re/max Kitimat Realty
- Real Estate Websites
- Realtor.ca



# Neighborhoods

Kitimat is divided into five residential neighbourhoods. Whether you are looking to invest, purchase, build or rent – we have options at affordable prices.

## Cable Car

Rural subdivision, river boat launch, 4H fairgrounds, river fishing, playground

## Whitesail

Mount Elizabeth Middle Secondary School, Kitimat Valley Institute, Hirsch Creek Golf and Winter Club, Coho Flats and Smith Street hiking trails, playgrounds

## Nechako

Nechako Elementary School, St. Anthony's Catholic School, Kitimat City High, skateboard park, playgrounds, a neighbourhood shopping and service centre & our fire hall

## City Centre

## Kildala

Kildala Elementary School, downtown core, Sam Lindsay Aquatic Centre, Riverlodge Recreation Centre, Kitimat Ice Rink, Tamitik Ice Arena, Kitimat General Hospital, Joe's trail, river fishing, playgrounds

## Strawberry Meadows

A rural lifestyle in the heart of the community, Minette Bay West Park

# TRANSPORTATION

Kitimat and Kitimaat Village are accessible by air, road and water. Transportation services are well established and provide options for getting from here to your destination.

## Transportation Options

### HANDYDART SERVICE

HandyDART service, a paratransit system provided through BC Transit, is available to those who are unable to safely navigate conventional public transit. A Medical Verification form may be required. Visit [bctransit.com](http://bctransit.com) for more information.

#### BC Transit - HandyDART

250-632-4449

Service Hours:

Monday to Sunday, 7:00 am - 7:30 pm |

Holidays, Regular Service

### AIRPORT

#### Kitimat Airpark

The Kitimat Airpark is a registered airport in the Canadian Flight Supplement operated by the Kitimat Flying Club. The Airpark boasts a 3000 x 50 ft gravel surface runway.

#### Northwest Regional Airport (YXT)

Northwest Regional Airport Terrace-Kitimat is a modern, newly renovated and expanded airport offering several flights a day throughout the province.

### TAXI

#### Kitimat Taxi

250-632-2100

#### Valley Taxi

250-639-6464

### BUS

Public transit buses are operated by BC Transit and run seven days a week on fixed routes throughout Kitimat with connections to regional services.

### MARINAS

**MK Bay Marina** is a full service marina located 10 minutes from Kitimat on the Haisla First Nation territory. MK Bay Marina offers short and long-term moorage, boat launching, truck and trailer parking, full service camping and seafood processing. For more information visit [mkbaymarina.ca](http://mkbaymarina.ca).

**Hospital Beach Boat Launch** is a free boat launch located just past Rio Tinto on the west side of the channel. This free-launch is provided to the community by Rio Tinto and is on Rio Tinto's property.

**Minette Bay Marina** is a private marina located 5 minutes from Kitimat towards Kitimaat Village. For more information visit [kitimatchamber.ca](http://kitimatchamber.ca).



# ENTERTAINMENT & RECREATION

We may be known for having some of the best fishing on the west coast – but that’s certainly not all there is to do in Kitimat.

## ARTS & CULTURE

Kitimat maintains a vibrant and diverse arts and culture scene with public art, exhibitions, concerts, theatre, a pottery studio, and many more cultural programs and experiences. Imaginative residents, modern infrastructure and a strong regional presence of the Haisla First Nation together provide an ideal environment for artistic and cultural endeavors.

### THEATRE

#### Mount Elizabeth Theatre

Address: 1491 Kingfisher Avenue  
Phone: 250-632-7887  
Mobile: 250-639-6775  
Email: metconcerts@mac.com  
Web: mountelizabeththeatre.com  
Facebook: @mountelizabeththeatre

### ART GALLERIES

#### Sammy Robinson Gallery

Address: 416 Haisla Avenue  
Phone: 250-632-9790

### MUSEUMS

#### Kitimat Museum & Archives

Address: 293 City Centre  
Phone: 250-632-8950  
Email: info@kitimatmuseum.ca  
Web: kitimatmuseum.ca  
Instagram: @kitimatmuseum  
Facebook: @kitimatmuseum

### TOURS

#### Rio Tinto Smelter Tours

Address: 1 Smeltersite Road  
Phone: 250-639-8383  
Web: riotinto.com

### PUBLIC LIBRARY

#### Kitimat Public Library

Address: 940 Wakashan Avenue  
Phone: 250-632-8985  
Email: ask@kitimatlibrary.ca  
Web: kitimatlibrary.ca  
Facebook: @kitimatlibrary

# OUTDOOR ACTIVITIES

Our location at the head of the Douglas Channel and next to the Kitimat River makes us a sport fisher's paradise with access to salt and freshwater fishing within minutes of downtown. Whether you are fishing the mouth of the Kitimat River, floating in a drift boat, or choose to walk to one of the hot spots on the river bank, the excitement of pulling in the big one always looms.

Hike along the shores of the Douglas Channel, the banks of the Kitimat River, or climb the trail to the crystal clear mountain lakes of Robinson Ridge. Kitimat is situated on the edge of the Great Bear Rainforest and there is plenty of opportunity to observe wildlife in their natural environment. Remember to take your camera!

## Parks, Campgrounds & Sports Fields

The Kitimat region is home to coastal parks, protected areas, and heritage conservancies accessible by land. Others are more remote and accessible only by water.

Kitimat boasts park spaces suitable for all members of the family, including:

- Outdoor wading pools and green space throughout the community
- 4 Heritage Walkway Circle Tours to experience the history of this planned community

- 45 km of paths that wind through the community
- Skateboard and bike park
- Many playgrounds throughout town

## PARKS

### ADVENTURE PARKS

There are 22 adventure parks.

### CENTENNIAL PARK

Built in 1971 to commemorate the 100th anniversary of British Columbia's entry into Confederation.

### COGHLIN PARK

Haisla Boulevard scenic lookout with spectacular views of the Douglas Channel from the manicured gardens of Coghlin Parks.

### GIANT SPRUCE PARK

Located on the shores of the Kitimat River floodplain, the remains of a previously registered "largest living Sitka Spruce in B.C." can be found in the park.

### HERITAGE PARK

Tribute to many of the different multicultural groups who reside in Kitimat. Located in front of the Chamber of Commerce and Visitor Information Centre.

### KULDO DOG PARK

The Kuldo Dog Park is located on Kuldo Boulevard across from Driftwood Street. Please read the Dog Park rules prior to visiting.

### KITIMAT SK8 PARK

An outdoor park for those on skateboards, bikes, scooters and rollerblades.

Visit the BC Parks website for a comprehensive list of parks in the Kitimat area.

## SPORTS FIELDS

Kitimat has five **soccer fields**

- One soccer field located at Riverlodge Recreation Centre
- Four fields at the Bill Rich Soccer Fields

Kitimat has six **baseball diamonds**

- Three at Riverlodge Recreation Centre
- Three at Nechako School

Kitimat has seven **tennis courts**

- Three at Riverlodge Recreation Centre
- Two at Nechako Centre
- Two at Mount Elizabeth Middle Secondary School

To book, call the **Riverlodge Recreation Centre** at 250-632-8970

## CAMPGROUNDS

### HIRSCH CREEK PARK CAMPGROUND

Phone: 250-632-8955

Season: May 15 to September 15  
(weather dependent)

### RADLEY PARK CAMPGROUND

Phone: 250-632-8955

Season: May 15 to September 15  
(weather dependent)

For more information and to reserve a campsite, visit [reserve.campgroundbooking.com](https://reserve.campgroundbooking.com)





# Fishing

Our location at the head of the Douglas Channel and next to the Kitimat River makes us a sport fisher's paradise. Enjoy some of the world's best fly fishing in the pristine Kitimat wilderness, or—for the more adventurous—try the many remote fly-in areas that provide spectacular scenery and tranquility. With easy access just minutes from downtown, fishing before or after work is now a possibility.

## FRESHWATER

Kitimat River has plenty of fish stocks 12 months of the year offering some of the finest steelhead, salmon, and trout fishing in British Columbia!

## SALTWATER

Some of the largest halibut on the B.C. coast are found in the protected waters of the Inside Passage. Dungeness crab, snapper, and prawns can be found as well!

## HATCHERY

The fish hatchery works to enhance our chinook, coho, chum, steelhead, and cutthroat populations.

Kitimat River Fish Hatchery  
Phone: 250-639-9888  
Web: [pac.dfo-mpo.gc.ca](http://pac.dfo-mpo.gc.ca)

# Charters, Guides & Eco Tours

## Blue Heron Charters

Phone: 250-639-9359 or 250-639-5101  
Email: [jcjse@telus.net](mailto:jcjse@telus.net)  
Web: [blueheroncharters.com](http://blueheroncharters.com)

## DC Fish Charters

Phone: (705) 380-1115  
Email: [info@dcfishcharters.com](mailto:info@dcfishcharters.com)  
Web: [dcfishcharters.com](http://dcfishcharters.com)

## Kitimat Adventures

Phone: 250-639-4277  
Email: [tjhittel@telus.net](mailto:tjhittel@telus.net)  
Web: [kitimatlodge.com/fishing](http://kitimatlodge.com/fishing)

## Kingfish Westcoast Adventures Ltd.

Phone: 250-639-4555  
Toll-free: 1-877-781-4555  
Email: [info@fishinginkitimat.com](mailto:info@fishinginkitimat.com)  
Web: [fishinginkitimat.com](http://fishinginkitimat.com)

## Nautical West Sport Fishing

Phone: 250-632-4547  
Email: [reservations@nauticalwest.com](mailto:reservations@nauticalwest.com)

Web: [nauticalwest.com](http://nauticalwest.com)

## North Pacific Transport & Eco-Tours

Phone: 250-639-1000  
Email: [marcyoung@citywest.ca](mailto:marcyoung@citywest.ca)

## Ocean Breeze Charters

Phone: 250-632-4507  
Email: [savila@live.ca](mailto:savila@live.ca)

## Reliable Guide and Charters Ltd.

Phone: 250-632-1275  
Email: [wakita@telus.net](mailto:wakita@telus.net)  
Web: [reliableguideandcharters.com](http://reliableguideandcharters.com)

## Tookus-Inn Lodging & Charters

Phone: 250-632-2345  
Email: [tookus-inn@telus.net](mailto:tookus-inn@telus.net)  
Web: [tookusinn.com](http://tookusinn.com)

# Walking & Hiking

Hike along the shores of the Douglas Channel, the banks of the Kitimat River or climb the trail to the crystal clear mountain lakes of Robinson Ridge.

**TRAILS** There are hundreds of kilometers of trails to explore in and around Kitimat. Some of the more popular trails include:

Trail Name	Difficulty	Distance	Type	Highlight
<b>Clague Mountain Trail</b>	Hard	8km	One-way	Trail to Clague Mountain with overnight cabins
<b>Coho Flats</b>	Easy	2km	One-way	Trail to the Kitimat River
<b>Fisherman's Trail</b>	Intermediate	3.5km	One-Way	Crosses rugged rock terrain with short up and down pitches.
<b>Hirsch Creek Canyon Trail</b>	Easy	400m-4km	One-way	Short 400m walk to the canyon viewpoint or a longer route through forest
<b>Hirsch Creek Park Trail</b>	Easy	1.5km	Loop	Excellent picnic spot and to view a coastal old-growth forest and large trees.
<b>Joe's Trail</b>	Easy	3.5km	One-Way	Runs down the east bank of the Kitimat River to the end of the Lower Dyke Road.
<b>Mount Elizabeth Trail</b>	Hard	10.9km	One-way	Follows along a ridge and then drops into a saddle before final summit climb.
<b>North Cove Trail</b>	Intermediate	3.2km	One-way	Descends through old cut blocks and old-growth forests.
<b>North Hirsch Creek Trail</b>	Easy	1.5km	One-Way	Follows the old road/ATV trail up the north side of the creek and to the logging bridge.
<b>Pine Creek Trail</b>	Intermediate	1-2km	Loop	Upper and lower loops are 1km
<b>South Hirsch Creek Trail</b>	Easy	2km	One-Way	Trail that follows the south side of Hirsch Creek

## SITES

### MOORE CREEK FALLS

Located just across from Rio Tinto's BC Works main office building, Moore Creek Falls is a photographer's delight. Climb the rugged staircase carved into the hillside, and the sound of snowmelt water rushing down the banks will lead you towards the falls.

### HOSPITAL BEACH

Hospital Beach (the original site of Kitimat's first hospital) is located just past Rio Tinto's BC Works smelter. It is a popular gathering spot for visitors and locals during the summer months. At low tide, you can explore for seashells and other small sea creatures.

## Kayaking

Kayakers who venture out into the Douglas Channel are rewarded with stunning scenery, some wonderful beaches, incredible rock formations, and the chance to see wildlife, including whales, on occasion. Rent a kayak from our Visitor Centre.

## Golf

Kitimat is home to a picturesque 18 hole golf course meandering through the forest, and a clubhouse where you can finish off the day with a frosty pint on the outdoor patio.

### HIRSCH CREEK GOLF & WINTER CLUB

Address: 2000 Kingfisher Ave  
Phone: Pro Shop 250-632-4653 |  
Lounge 250-632-4242  
Web: hirschcreekclub.ca

## Winter Activities

Imagine a morning of cross country skiing with the sunrise following you down trails, and an afternoon of sledding to cabins on snow covered mountains. From Kitimat you also have easy access to downhill and backcountry skiing options.

## SKIING & SNOWBOARDING

Downhill and backcountry skiing, along with snowboarding and nordic skiing, are loved in the area, and we have access to two world class ski hills near Kitimat.

### HUDSON BAY MOUNTAIN RESORT

Address: 1181 Main Street  
PO Box 492 Smithers, BC  
Phone: 250-847-2058  
Toll-free: 1-866-575-4669  
Email: info@hudsonbaymountain.com  
Web: hudsonbaymountain.ca  
Facebook & Instagram: @hudsonbaymountain  
Twitter: @HudsonBayMtn  
YouTube: Hudson Bay Mountain

### SHAMES MOUNTAIN

Address: 4805 BC-16, Terrace, BC  
Phone: 250-635-8754  
Email: shamesmountain@citywest.ca  
Web: mymountaincoop.ca/shames-mountain  
Facebook: @shames.mountain  
Instagram: @shamesmountain

### SNOW VALLEY NORDIC SKI CLUB

Facebook: Onion Lake Ski Trails  
(Snow Valley Nordic Ski Club)  
Email: snowvalleynordic@gmail.com  
Web: snowvalleynordics.com



## SNOWMOBILING

### KITIMAT SNOWMOBILE CLUB

Email: [kitimatsnow@gmail.com](mailto:kitimatsnow@gmail.com)

Facebook: @KitimatSnow

## SNOWSHOEING

Snowshoe on Clague Mountain Trail and stay overnight at the backcountry cabin with epic views of Kitimat Valley. There are routes for everyone, from novice to more experienced.

## CURLING

The Hirsch Creek Golf and Winter Club has four curling sheets and hosts a variety of league nights, open times, and bonspiels for the public to attend.

For more information visit the website or contact the club at 250-632-4242 or 250-279-4653.



# INDOOR ACTIVITIES

## AQUATIC CENTRE

### SAM LINDSAY AQUATIC CENTRE

The District of Kitimat owns and operates Sam Lindsay Aquatic Centre – a community swimming and leisure pool complex attached to Tamitik Arena and one of the best pools in Northwest BC.

#### Features:

- 25 m six lane pool
- Shallow tank
- Sauna (extra spacious)
- Hot tub
- Family change rooms
- Water park toys
- Lazy river
- Water slide
- Kiddies pool
- Leisure pool
- Two squash courts
- Racquetball court
- Strength training room

**Address:** 396 City Centre

**Phone:** 250-632-8955

**Email:** [recreation@kitimat.ca](mailto:recreation@kitimat.ca)

## RECREATION CENTRE

### RIVERLODGE RECREATION CENTRE

Riverlodge is Kitimat's centre for recreation programs, including fitness and sports classes, youth and preschool programs, workshops and special events.

#### Features:

- Activity Room: 99-person capacity
- High-speed wireless internet
- Community Room: 350-person capacity
- Gymnasium: 690-person capacity
- Kitchen facilities
- Kitimat Senior Centre
- Kitimat Youth Centre
- Pre-kindergarten room
- Rock wall
- Saunas: male and female
- Softball fields
- Soccer field
- Tennis courts
- Weight room
- Cardio training room
- Equipment rentals

**Address:** 654 Columbia Avenue **Phone:** 250-632-8970

## ICE ARENAS

Kitimat boasts two ice rinks that collectively extend the ice season to nine months. Available for user groups or ad-hoc renters generally from the middle of August until mid to late April. Several arena programs are available between the two facilities.

### TAMITIK ICE ARENA

#### Features:

- First aid room
- Five dressing rooms (four with showers)
- Heated seating areas
- Meeting rooms
- Press box
- Referee room (with shower)
- Skate sharpening service
- Two concessions
- Two sets of public washrooms
- Dry floor available for summer season
- Handicapped accessible with viewing area
- Seating capacity for 1977 with standing room for 400 more
- Walking track, 169 metres

**Address:** 396 City Centre  
**Phone:** 250-632-8955

### KITIMAT ICE RINK (KIR)

#### Features:

- Four dressing rooms (three with showers)
- Female dressing room with shower
- Heated seating area
- Public washrooms
- Referee room with shower
- Warm room
- Building and viewing area accessible to those with disabilities
- Seating capacity is 600 with standing room for 200 more

**Address:** 400 City Centre  
**Phone:** 250-632-8955

## GYMS & STUDIOS

### GYMS

#### Kitimat Fitness Gym

Address: 107 Nechako Ctr

Phone: 250-632-7737

Web: [www.kitimatfitnessgym.com](http://www.kitimatfitnessgym.com)

Instagram: @kitimatfitnessgym

#### Pace Yourself Wellness Centre

Address: 334 City Centre

Phone: 250-632-5239

Web: [www.paceyourselfwellness.ca](http://www.paceyourselfwellness.ca)

Facebook: @Pace-Yourself-Fitness-Physiotherapy

### STUDIOS

#### Dance Kitimat Studio

Email: [dancekitimat@hotmail.com](mailto:dancekitimat@hotmail.com)

Facebook: @Dance-Kitimat-Studio-Inc

Instagram: @dance\_kitimat\_studio

#### Koi Yoga Studio

Koi Yoga offers a wide variety of classes and styles to satisfy and challenge your yoga practice.

Address: 45 Meldrum Street

Phone: 250-279-9090

## Eat & Drink

### RESTAURANTS & PUBS

#### Chalet Restaurant

852 Tsimshian Boulevard

Phone: 250-632-2662

#### Office Bar & Bistro

406 Enterprise Ave.

Phone: 250-639-2038

#### Chilly & Dancer Pub

874 Tsimshian Boulevard

Phone: 250-632-6920

#### Pizzarama Pizzeria

171 Nechako Centre

Phone: 250-639-9241

#### Chop Suey Kitchen

426 Enterprise Avenue

Phone: 250-632-6666

#### Rosario's Restaurant

607 Legion Road

Phone: 250-632-4980

[rosarios.ca](http://rosarios.ca)

#### Fortune Kitchen

410 Enterprise Avenue

Phone: 250-632-3828

#### Sushi J

248 City Centre

Phone: 250-639-1134

#### Kuldo Restaurant/

BlueRoom Tavern

650 Kuldo Boulevard

Phone: 778-631-2824

#### The Creek Bar & Grill

2000 Kingfisher Avenue

Phone: 250-632-4242

#### Mr. Mikes Steakhouse Casual

525 Mountainview Square

Phone: 778-631-2391

#### Wee Geordies Pub

178 Nechako Centre

Phone: 250-632-4277

Delicious



# Shopping & Services

## SHOPPING & SERVICES

Kitimat has a variety of shopping and modern service options to meet your daily needs. Kitimat has key commercial centres including City Centre, Mountainview Square, and Nechako Centre.

Kitimat has a large selection of unique and independent businesses many of which are featured on the Love Kitimat website [lovekitimat.com](http://lovekitimat.com).

### CITY CENTRE

City Centre, including the City Centre Mall, is one of Kitimat's popular meeting, shopping and public spaces. Kitimat's city centre provides services from independent retail outlets, banks, restaurants, professional and municipal offices.

### MOUNTAINVIEW SQUARE

Mountainview Square is located right next to Kitimat's city centre and offers a variety of business services such as professional services, food and beverage, and retail.

### NECHAKO CENTRE

Nechako Centre is a business centre located in the heart of the Nechako neighbourhood. Nechako Centre offers a variety of services including professional services, food and beverage, and retail.

## GROCERY STORES

### Kildala Grocery Ltd.

Address: 19 Babine Street  
Phone : 250-632-2442

### Kyle's NoFrills

Address: 194 City Centre  
Phone: 250-632-2576

### Save-On-Foods

Address: 535 Mountainview Square  
Phone: 250-632-2255

### Tony's Specialties

Address: 101 Nechako Centre  
Phone: 250-639-9569

## BANKING

### BMO Bank of Montreal

Address: 374 City Centre  
Phone: 250-632-4604

### CIBC

Address: 291 City Centre  
Phone: 250-632-8610

### Envision Financial

Address: 954 Wakashan Avenue  
Phone: 250-639-4700

### RBC Financial Group

Address: 378 City Centre  
Phone: 250-639-9281

### Scotiabank

Address: 201 City Centre  
Phone: 250-632-8420

## SALON/SPAS

### Hair Essentials

Address: 105 Nechako Centre  
Phone: 250-632-4373

### Lynn's Hair Flair

Address: 354 City Centre  
Phone: 250-632-3444

### Lace Beauty Lounge

Address: 556 Mountainview Square  
Phone: 250-632-4373

### Nechako Barber Shop

Address: 105 Nechako Centre  
Phone: 250-632-6160

### Phenix Rising Wellness /Texture Hair Design

Address: 237 City Centre  
Phone: 778-631-2393

### Snipz Salon

Address: Suite 211-276 City Centre  
Phone: 778-818-0319

### Tech Hair Design

Address: 101-370 City Centre  
Phone: 250-639-0087

### Teresa's House Of Beauty

Address: 321 City Centre  
Phone: 250-632-4247

### Vitality Spa & Clinic

Address: 360 City Centre  
Phone: 250-632-2289  
Web: [vitalitykitimat.ca](http://vitalitykitimat.ca)

## Community Groups & Clubs

Many of our residents contribute their time and energy to provide a variety of programs and services that help make Kitimat a great place to live. There are clubs and groups related to arts and culture, sports, and community services, from youth to senior.

A full list of clubs and groups is available at [kitimat.ca](http://kitimat.ca) under Recreation and Leisure, Clubs and Community Groups.

## Important Information

### LEISURE GUIDE

The District of Kitimat offers a seasonal Leisure Guide in December, April, and August. You can find the guide at [kitimat.ca](http://kitimat.ca) under Recreation and Leisure → Leisure Guide.

### BE BEAR AWARE

B.C. is bear country. Expect to see bears around Kitimat, sometimes moving through the community. Don't feed the bears!

If you see a bear in a residential area:

- Stay calm. Usually the bear is just passing through the area and if no food is available, it will move on.
- Keep away from the bear and warn others to keep away. Bring children and pets indoors.
- To report a conflict with wildlife that threatens public safety, call the conservation officer immediately so that proactive education and conservation efforts can be used.

### Preventing Problems with Bears

Local provincial conservation officers estimate that half the calls they receive about nuisance bears are garbage related. Please take responsibility for your bear attractants.

### Conservation Officer

Phone: 877-952-7277

More *Bear Aware* info available at [wildsafebc.com](http://wildsafebc.com)

### FIREWORKS

Fireworks are permitted in Kitimat during select times. Please familiarize yourself with fireworks safety rules.

### Purchase dates

Dec. 24–31 | Jun. 22–Jul. 1 | Oct. 24 – Oct. 31

### Discharge dates

Dec. 31 | Jul. 1 | Oct. 31

# EDUCATION & CHILDCARE

Education available in Kitimat ranges from childcare to post-secondary education.

## Schools

There are both public and independent school options in Kitimat from kindergarten to grade 12.

### Elementary Schools

#### KILDALA ELEMENTARY

*Public school. K-6. Offers French immersion.*

Address: 803 Columbia Avenue

Phone: 250-632-6194

Web: kildala.cmsd.bc.ca

#### NECHAKO ELEMENTARY

*Public school. K-6.*

Address: 61 Nightingale Street

Phone: 250-632-2912

Web: nechako.cmsd.bc.ca

### Middle & Secondary Schools

#### KITIMAT CITY HIGH

*Alternate school. 9-12.*

Address: 1426 Cormorant Avenue

Phone: 250-632-2811

Web: kitimatcityhigh.cmsd.bc.ca

#### MOUNT ELIZABETH MIDDLE & SECONDARY SCHOOL

*Public school. 7-12.*

Address: 1491 Kingfisher Avenue

Phone: 250-632-6174

Web: mountelizabeth.cmsd.bc.ca

#### ST. ANTHONY'S CATHOLIC SCHOOL

*Private school. K-9.*

Address: 1750 Nalabila Boulevard

Phone: 250-632-6313

Web: stanthonyschoolkitimat.com

## Childcare

Kitimat has an excellent array of childcare facilities with bilingual options. We will also soon be the first community in British Columbia to offer 24-hour childcare to support families employed in shift work.

For a comprehensive list of all childcare facilities in Kitimat, please visit Northern Health's website; on the left side under Community Care Licensing click on Community Care Facilities and then choose Kitimat.



# Post Secondary

## COAST MOUNTAIN COLLEGE

Accredited post-secondary institution with small class sizes offering health and human services programs; online programs; university credit programs, trades foundation and apprenticeship programs.

Innovative and flexible mobile training available. The closest campus to Kitimat is located in Terrace.

5331 McConnell Ave - Terrace, BC, V8G 4X2

Phone: 250-635-6511

Toll-free: 1-877-277-2288

Email: [info@coastmountaincollege.ca](mailto:info@coastmountaincollege.ca)

Web: [coastmountaincollege.ca](http://coastmountaincollege.ca)

Facebook & Instagram: @coastmountaincollege

Twitter: @cmtncollege

YouTube: Coast Mountain College

## UNIVERSITY OF NORTHERN BRITISH COLUMBIA

The University of Northern British Columbia offers outstanding undergraduate and graduate learning opportunities and has a campus in Terrace, only a 45 minute drive from Kitimat.

4837 Keith Avenue - Terrace, BC, V8G 1K7

Phone: 250-615-5578

Toll-free: 1-800-697-7388

Email: [northwest@unbc.ca](mailto:northwest@unbc.ca)

Web: [unbc.ca](http://unbc.ca)

## KITIMAT VALLEY INSTITUTE

Kitimat Valley Institute is a professional development center that provides job placement services as well as efficient training opportunities that meet academic, industry and institutional training needs.

Address: 1352 Alexander Avenue

Phone: 250-639-9199

Email: [admin@kves.ca](mailto:admin@kves.ca)

Web: [kves.ca](http://kves.ca)



# HEALTH & WELLNESS SERVICES

Kitimat has a range of accessible health and wellness services to serve all its residents.

## Hospital & Clinics

### Kitimat General Hospital

The Kitimat General Hospital and Health Centre (KGH) is a modern, Level 4 trauma centre providing emergency care and medical services to the community of Kitimat. KGH is managed through Northern Health. Features include:

- 24/7 emergency department
- 22 acute care beds; 2 for maternity
- 36 complex and residential care beds
- Bone density scanning
- Lab
- Occupational therapy
- Observation/seclusion room
- Recovery room
- Recreational therapist
- Rehabilitation-physiotherapy
- Operating rooms
- Ultrasound
- Visiting digital mammography service
- X-ray

920 Lahakas Blvd South  
Phone: 250-632-2121  
Web: [northernhealth.ca](http://northernhealth.ca)

## Clinics

### PHYSICIANS

#### City Centre Medical Clinic

**Drs. Feenan & Mills**

Address: 284 City Centre

Phone: 250-632-6131

#### Dr. Huang

Address: 570 Mountainview Square

Phone: 250-632-2118

#### Drs. Kay & Van Schalkwyk

Address: 970 Lahakas Boulevard

Phone: 250-632-8679

#### Mountainview Medical Clinic

**Drs. van der Westhuyzen, Wahl & van Rensburg**

Address: 568 Mountainview Square

Phone: 250-632-3135

For a comprehensive list of physicians in Kitimat, please check the College of Physicians and Surgeons of British Columbia's website.

### OPTOMETRISTS

#### Fusion Eye Care

Address: 558 Mountainview Square

Phone: 250-632-2821

Web: [fusioneyedoctors.com](http://fusioneyedoctors.com)



## PHYSIOTHERAPISTS, MASSAGE & OTHERS

### **Kitimat General Hospital**

Address: 920 Lahakas Boulevard  
Phone: 250-632-3181

### **Pace Yourself Wellness Centre**

Address: 334 City Centre  
Phone: 250-632-5239  
Web: [paceyourselfwellness.ca](http://paceyourselfwellness.ca)

### **Vitality Spa & Clinic**

Address: 360 City Centre  
Phone: 250-632-2289  
Web: [vitalitykitimat.ca](http://vitalitykitimat.ca)

## CHIROPRACTORS

### **Pace Yourself Wellness Centre**

Address: 334 City Centre  
Phone: 250-632-5239  
Web: [paceyourselfwellness.ca](http://paceyourselfwellness.ca)

### **Knight Chiropractic Inc.**

Address: 101-180 Nechako Centre  
Phone: 250-632-4773

### **Vitality Spa & Clinic**

Address: 360 City Centre  
Phone: 250-632-2289  
Web: [vitalitykitimat.ca](http://vitalitykitimat.ca)

## DENTISTS

### **Drs. Gottschling & Stevenson**

Address: 201-180 Nechako Centre  
Phone: 250-632-4641  
Web: [yourgreatsmiles.ca](http://yourgreatsmiles.ca)

### **Dr. Feldhoff**

Address: 302-180 Nechako Centre  
Phone: 250-639-9303

### **Dr. Rinquinha**

Address: 301-180 Nechako Centre  
Phone: 250-632-4631



# Mental Health Support Services

There are local programs, services and resources in Kitimat, along with those available through Northern Health and the First Nations Health Authority.

## BC 211

BC 211 helps you find information on services related to:

- Addiction
- Abuse
- Counselling
- Employment Assistance
- Financial Assistance
- Housing
- Language Classes
- Legal Assistance

Web: [bc211.ca](http://bc211.ca)

## COUNSELLING SUPPORT OPTIONS

### Adult Mental Health & Addictions

Address: 920 South Lahakas Blvd  
Phone: 250-632-3181

### Alcohol & Drug Information & Referral Services (BC-Wide)

Phone: 1-800-663-1441

### Horizon House Club of Mental Health

Operated by Northern Health.  
Phone: 250-632-7584

### Kitimat Victim Services

Address: 888 South Lahakas Blvd  
Phone: 250-639-2122

### Kitimat Child & Youth Mental Health Intake Clinic (CYMH)

795 South Lahakas Blvd  
Phone: 250-632-7256

### Kitimat Community Development Centre Society

1515 Kingfisher Ave  
Phone: 250-632-3144

### Mental Health Family Resource Centre

Operated by British Columbia Schizophrenia Society (BCSS).  
Phone: 1-888-888-0029

### Tamitik Status of Women

350-370 City Centre  
Phone: 250-632-8787  
Email: [info@tamitik.ca](mailto:info@tamitik.ca)

## CRISIS SUPPORT

### First Nations Health Authority

Phone: 1-855-550-5454  
Web: [fnha.ca](http://fnha.ca)

### Kids Help Phone

Phone: 1-800-668-6868  
Web: [kidshelpphone.ca](http://kidshelpphone.ca)  
(Text, Messenger, and Live Chat are available)

### Kuu-us Crisis Line Society

For Indigenous people throughout BC  
Phone: 1-800-588-8717

### Northern BC Crisis Line

Phone: 1-888-562-1214  
Web: [crisis-centre.ca](http://crisis-centre.ca)

### WAVAW Crisis Line

For Survivors of Sexual Assault  
Phone: 1-877-392-7583  
Web: [wavaw.ca](http://wavaw.ca)

# Senior Homes & Assisted Living

Kitimat is committed to supporting its seniors and has a variety of services including educational and recreational activities, programs, special events, and programs to help seniors remain independent.

## Kitimat Senior Citizens Association

Address: 658 Columbia Avenue  
Phone: 250-632-3405  
Web: kitimatseniors.com

## Delta King Place

Address: 701 Mountainview Sq  
Phone: 250-632-6705  
Web: deltakingplace.ca

## Kitimat Community Development Centre Society

Address: 1515 Kingfisher Avenue  
Phone: 250-632-3144 ext. 216  
Web: kitimatcdc.ca

## Mountainview Lodge

Address: 920 Lahakas Blvd S  
Phone: 250-632-8357

# Pharmacies

## Rainforest Wellness Pharmacy

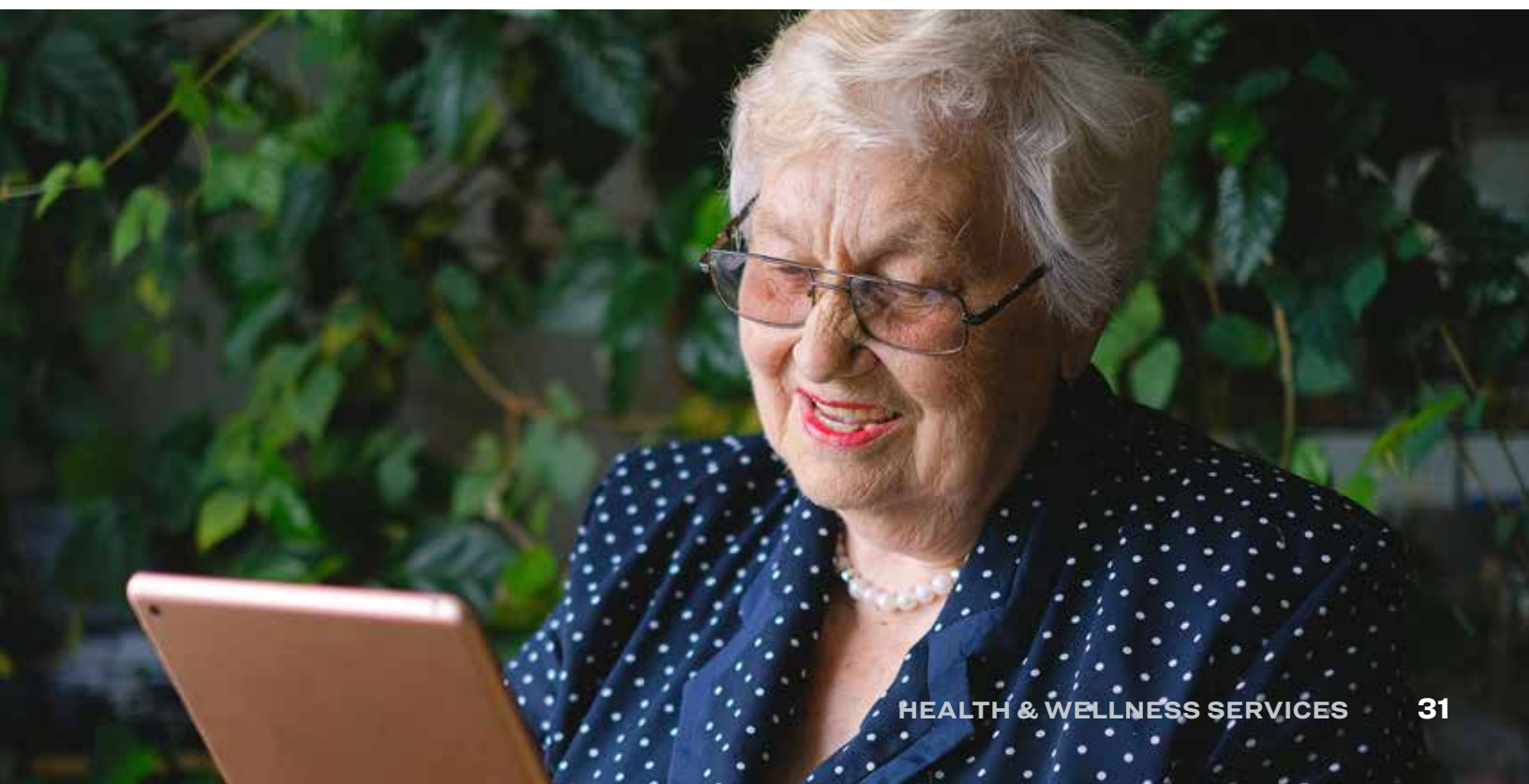
Address: 327 City Centre  
Phone: 250-632-2914

## Save-On-Foods Pharmacy

Address: 535 Mountainview Sq  
Phone: 250-632-2255

## Shoppers Drug Mart

Address: 120 City Centre  
Phone: 250-632-6177





# PUBLIC SERVICES

## Emergency Services

### EMERGENCY NUMBERS

**For all emergencies:** dial **911** for assistance from police, fire or ambulance. Be prepared to provide the following information:

- Address of incident
- Phone number
- Detailed information

**Crime Stoppers/Tips**  
1-800-222-8477

**Crisis Line (Northern BC)**  
1-888-562-1214

**1-800-SUICIDE (BC-Wide)**  
1-800-784-2433

**Dunmore Place (Women's Shelter)**  
250-632-6070

**Ministry of Children & Family Development  
Children Help Line**  
1-800-663-9122

**Poison Control Centre**  
1-800-567-8911

**Victim Link** (multi-lingual)  
1-800-563-0808

### FIRE & AMBULANCE

Phone: 250-632-8940 (Non-emergency calls)



## SEARCH & RESCUE

### **Kitimat Land Search & Rescue**

Phone: 250-632-8945

### **Kitimat Marine Search & Rescue**

Email: rcmsar63kitimat@gmail.com

## COMMUNITY EMERGENCY NOTIFICATION SYSTEM

The District of Kitimat uses Voyent Alert which is a multi-purpose communications service. The primary purpose is to provide emergency communications information but users can now also register to receive non-emergency notifications from the District of Kitimat. For more information or to register visit [kitimat.ca](http://kitimat.ca)

# Social Supports

## HOUSING SUBSIDIES & FUNDS

The District of Kitimat has a comprehensive list of affordable housing funds and subsidies for Kitimat residents. Learn more at [kitimat.ca](http://kitimat.ca).

## TEMPORARY HOUSING OPTIONS

Kitimat's shelter is operated by the Kitimat Community Development Centre Society.

### **Cold Weather Shelter (Douglas Place)**

Address: 480 City Centre

Phone: 250-632-3144

## COMMUNITY GARDEN

### **Kitimat Community Garden**

Address: 1332 Lahakas Boulevard North

Phone: 250-632-9107

## FOOD BANK

### **Kitimat Food Bank**

Address: 276 City Centre

Phone: 250-632-6611

### **Kitimat Good Food Box**

Phone: 250-632-3144

# Other Public Services

## SNOW REMOVAL

The District of Kitimat's Public Works Department is responsible for keeping main roads clear of snow and clears residential streets on a daily basis. Pedestrian walkways and sidewalks are also cleared frequently. Winter rainfall helps keep roads bare and reduces snowfall accumulation on the ground.

## ANIMAL CONTROL

Animal control services in Kitimat are under contract to the Kitimat Community Humane Society (KCHS). KCHS responds to and provides shelter to animals in distress.

### **Kitimat Community Humane Society**

Address: 1000 Eurocan Way

Phone: 250-632-7373



# Garbage & Recycling

## CURBSIDE COLLECTION

The District of Kitimat provides curbside garbage, yard waste, and recycling collection in the community. For more information look under Our Community/Garbage and Recycling at [kitimat.ca](http://kitimat.ca)

## DISPOSAL

### Landfill

Kitimat's landfill is free to use for non-commercial, residential waste. For more information and for landfill hours, visit [www.kitimat.ca/WayLessWaste](http://www.kitimat.ca/WayLessWaste)

### Disposal Segregation

Solid waste must be segregated and deposited in specific locations. Ask the site attendant at the Kitimat Municipal Landfill. *Not accepted at the site:*

- Clean cardboard
- Anti-freeze solvents
- Paint
- Friable asbestos
- Used motor oil

## MOTOR OIL DISPOSAL

### Kal Tire

Address: 236 Enterprise Avenue  
Phone: 250-632-2151

### Snow Valley Ford Sales

Address: 405 Enterprise Avenue  
Phone: 250-632-6181

For more information, contact the recycling hotline at 1-800-667-4321.



## RECYCLING CENTRES

### Kitimat Understanding The Environment (KUTE) (Public recycling centre)

KUTE accepts the following materials:

- Paper and cardboard
- Styrofoam
- Electronics
- Small appliances and power tools
- Paint
- Light bulbs and fixtures
- Batteries and cell phones
- Smoke and CO2 alarms

Address: 314 Railway Avenue

Phone: 250-632-6633

Website: [www.kitimatrecycle.org](http://www.kitimatrecycle.org)

### Kitimat Bottle Depot (public recycling centre)

Kitimat Bottle Depot is the community's primary location to recycle beverage containers and many other products. For more information on hours and accepted materials visit [return-it.ca](http://return-it.ca).

Address: 428 Enterprise Avenue

Phone: 250-632-3377

### Kitimat Food Share Program

Phone: 250-279-4357

### Tamitik Status of Women - Free Store

Address: 350-370 City Centre

Phone: 250-632-8787

# PLACES OF WORSHIP

Kitimat has several places of worship and faith based communities available. For more information visit *Places of Worship* at [kitimat.ca](http://kitimat.ca)

## CHURCHES

### Christ Church Anglican

Address: 1739 Gyrfalcon Avenue  
Phone: 250-632-7812

### Christ the King Catholic Church

Address: 1760 Nalabila Boulevard  
Phone: 250-632-2215

### Church of Jesus Christ of Latter-Day Saints

Address: 823 Kuldo Boulevard  
Phone: 778-818-0302

### First Baptist Church

Address: 840 Columbia Avenue  
Phone: 250-632-6014

### Haisla Pentecostal Assembly

Address: 1103 Tweedsmuir Avenue  
Phone: 250-632-6074

### Haisla United Church

Address: 137 Owekeno St - Kitimaat Village  
Phone: 250-632-2555

### Harvest Church

Address: 193 Nechako Centre  
Phone: 250-632-5501

### Kitimat First United Church

Address: 1180 Kingfisher Avenue  
Phone: 250-632-7149

### Kitimat Mountain View Alliance Church

Address: 1332 Lahakas Boulevard North  
Phone: 250-632-4658

### Kitimat Pentecostal Fellowship

Address: 1340 Kingfisher Avenue  
Phone: 250-632-5623

### Kitimat Presbyterian Church

Address: 1274 Nalabila Boulevard  
Phone: 250-632-2044

### Pacific Cornerstone Baptist Church

Address: 2109 Forest Avenue  
(downstairs in the Chamber of Commerce)  
Phone: 250-639-7711

### Redeemer Lutheran Church

Address: 1474 Nalabila Boulevard  
Phone: 250-632-6962

## OTHER FAITH-BASED COMMUNITIES

### Kitimat Sikh Society

Address: 1600 Nalabila Boulevard  
Phone: 250-632-4350

### Kitimat Kingdom Hall of Jehovah's Witness

Address: 134 Baxter Avenue  
Phone: 250-632-3573



# LIFE IN NORTHWEST BC

## A region that offers everything you need

Kitimat has countless attractions and amenities making it an ideal place to call home. Adding to the appeal of the community is the region in which it is situated. Northwest BC is a spectacular backdrop for you to build the next phase in your life's adventure. The region is truly remarkable in its synergistic offerings of vast pristine wilderness and desirable modern-day amenities.

### Northwest BC Highlights

#### HEALTHCARE

- Four hospitals in the region and a number of health and wellness centres in smaller communities with physicians to provide basic and follow-up care.
- Over 26 resident and visiting specialists within the region.
- New, state of the art hospital in Terrace to be operational by 2024 and will include a trauma center.
- Oncology, dialysis & MRI services in place.

#### NATURE & OUTDOOR ADVENTURE

- Over 10 million hectares of some of the most picturesque and sublime nature vistas in the province filled with mountains, ocean, rivers and lakes.
- World-class skiing and snowboarding, hiking, fishing, camping, kayaking, mountain biking and plenty of clubs and community groups for all adventure enthusiasts.

#### EDUCATION

- University of Northern British Columbia (UNBC) has specialized satellite campuses and facilities throughout the region.
- Coast Mountain College (formerly Northwest Community College) offers a different selection of learning opportunities, including many trade options.
- A mix of public, private and religious schools from elementary to high school, including full French immersion, depending on the community.

#### AMENITIES

- Northwest Regional Airport Terrace-Kitimat is a modern, newly renovated and expanded airport offering several flights a day throughout the province
- High-speed internet is becoming standard throughout the region. Advocacy work is underway to ensure broadband and cellular service is available to all residents and businesses of the region.

# KEY Northwest BC CITIES THAT ARE CLOSE TO KITIMAT

## Terrace

**Snapshot:** Located along the mighty Skeena River, the second largest river in British Columbia, Terrace is surrounded by mountain peaks, rivers, lakes, and wildlife.

**Popular Activities:** Shopping, hiking, single-track mountain biking, fishing, downhill and backcountry skiing, snowmobiling, and Riverboat Days.

**Amenities:** Airport, dining and restaurant options, a wide range of retail shopping options, farmers market, art galleries, and Shames Mountain Resort.

**Dist. from Kitimat** 60 km = 45 min drive

## Prince Rupert

**Snapshot:** A coastal port city nestled into a mountain, surrounded by the Great Bear Rainforest, and just a boat ride away from where you can spot grizzly bears, wolves, orcas and humpbacks.

**Popular Activities:** Ocean fishing, boating and seaplane tours, wildlife viewing, kayaking, hiking, arts and culture tours, and Sea Fest.

**Amenities:** Port, marinas, airport, dining and restaurant options, waterfront boardwalk with shopping, art galleries, and the Museum of Northern BC.

**Dist. from Kitimat** 205 km = 2h 15 min drive

## The Hazeltons

**Snapshot:** A cluster of three unique communities situated in the culturally significant Kispiox Valley, the Hazeltons offer a fascinating mix of diverse historical cultures and stunning mountain landscapes.

**Popular Activities:** First Nations historical sites, fishing, hiking, single-track mountain biking, snowmobiling, hunting, agriculture tours, sightseeing, and the Kispiox Music Festival.

**Amenities:** 'Ksan historical village, Hagwilget suspension bridge, Kispiox totem poles, historic downtown, and farmers market.

**Dist. from Kitimat** 200 km = 2h 15 min drive

## Smithers

**Snapshot:** Located at the base of stunning Hudson Bay Mountain, Smithers offers outstanding year-round outdoor recreational pursuits coupled with cultural offerings.

**Popular Activities:** Fishing and hunting, downhill, backcountry, and cross-country skiing, mountain biking, golfing, snowmobiling, canoeing and kayaking, shopping, and live music.

**Amenities:** Merchant focused downtown, dining and restaurant options, airport, art galleries, museum, farmer's market, Hudson's Bay Mountain Resort, Hankin-Evelyn Backcountry Ski Area.

**Dist. from Kitimat** 260 km = 2h 45 min drive

LEARN MORE AT [LIVENORTHWESTBC.CA](http://LIVENORTHWESTBC.CA)

# Top Regional Events & Celebrations

Throughout the year, you can experience various events and celebrations that happen in Northwest BC. The most popular are:

## ALL NATIVE BASKETBALL TOURNAMENT

**ABOUT:** Annual tournament that brings players from across the province and has 4 divisions

**WHERE:** Prince Rupert

**WHEN:** February

**MORE INFO:** [anbt.ca](http://anbt.ca)

## CANADA DAY CELEBRATIONS

**ABOUT:** You can find various activities on Canada Day, ranging from live music, games, multicultural food vendors, scavenger hunt, curbside water fight and more.

**WHERE:** Kitimat

**WHEN:** July 1, Canada Day

**MORE INFO:** [kitimat.ca](http://kitimat.ca)

## CRAFT FAIRS

**ABOUT:** The annual spring and fall craft fairs provide a venue for all home-based businesses, including artisans and crafters, to promote and sell their merchandise.

**WHERE:** Kitimat

**WHEN:** April & November

**MORE INFO:** [kitimat.ca](http://kitimat.ca)

## CHILDREN'S FESTIVAL

**ABOUT:** Children's Festival is a fun filled day full of activities for the whole family to enjoy. Some of the key activities offered are: live performances, storytelling, wall climbing and more.

**WHERE:** Prince Rupert

**WHEN:** March

**MORE INFO:** [prspecialevents.com](http://prspecialevents.com)

## HARLEY RIDERS ANNUAL TOY RUN

**ABOUT:** Bikers from all along Highway 16 get together to ride along the roads of Prince Rupert and Port Edward. The event raises money, food and toys for the Salvation Army.

**WHERE:** Prince Rupert

**WHEN:** September

**MORE INFO:** Prince Rupert Harley Riders (Facebook group)

## KITIMAT FISH DERBY

**ABOUT:** This annual event brings fishing enthusiasts in from all over Northwest BC. There are adult and youth categories with thousands of dollars in cash and prizes.

**WHERE:** Kitimat

**WHEN:** Labour Day weekend

**MORE INFO:** [kitimatmatchamber.ca](http://kitimatmatchamber.ca)

## PACIFIC NORTHWEST MUSIC FESTIVAL

**ABOUT:** This 17-day festival offers an opportunity to watch music and dance performances from talented locals.

**WHERE:** Terrace

**WHEN:** April & May

**MORE INFO:** [pnmf.ca](http://pnmf.ca)



## RAIL JAM

**ABOUT:** This family event takes place at the Hirsch Creek Golf & Winter Club and features snowboarding, skiing, bonfires, music and more.

**WHERE:** Kitimat

**WHEN:** January or February (dependent on snow level)

**MORE INFO:** [hirschcreekclub.com](http://hirschcreekclub.com)

## WINTERFEST

**ABOUT:** Winterfest is a free event where family memories can be made! Tobogganing, snow art, orienteering, snowball toss, curling, arts & crafts and who doesn't love smores by the fire!

**WHERE:** Hirsch Creek Golf & Winter Club

**WHEN:** February

**MORE INFO:** [kitimat.ca](http://kitimat.ca)

## SEAFEST

**ABOUT:** Seafest is Prince Rupert's largest festival held annually since 1978. Three days packed with events, activities, food booths, and entertainment in downtown and on the waterfront.

**WHERE:** Prince Rupert

**WHEN:** Second weekend of June

**MORE INFO:** [prspecialevents.com](http://prspecialevents.com)

## RIVERBOAT DAYS

**ABOUT:** Riverboat Days is the largest community festival in Northwest BC and offers huge variety, from interpretive walks, to sports tournaments, to live music.

**WHERE:** Terrace

**WHEN:** August long weekend

**MORE INFO:** [riverboatdays.ca](http://riverboatdays.ca)





# Stay Connected With Kitimat

## District of Kitimat

Instagram - @districtofkitimat

Facebook - @kitimatdistrict

Twitter - @KitimatDistrict

YouTube - District of Kitimat

## Tourism Kitimat

Instagram - @tourismkitimat

Facebook - @visitkitimat

## Love Northern BC - Kitimat

Love Northern BC is a shop local program that connects people with independent, locally-owned businesses throughout the region. Kitimat's small indie businesses can be found at [lovekitimat.com](http://lovekitimat.com)

Instagram - @lovenorthernbc

Facebook - @lovekitimat

Facebook - @lovenorthernbc

Twitter - @LoveNorthernBC

**FIND MORE AT [KITIMATBOUND.CA](http://KITIMATBOUND.CA)**